

Webster Groves Senior Resources

presented by the Webster Groves Senior Roundtable

As our residents grow older, we know that their greatest wish is to “age in place” in community around friends, family and neighbors. These resource pages are a sample of available services/resources that can help older residents with a variety of needs. This list is not exhaustive, it is just a sample. For information on additional resources not listed here, please consult a copy of the Senior Resource Guide that can be obtained at a grocery store or online at www.stltimes.com

Adult Day Center

EverLove Day Club of Webster Groves 314-968-2222 everlovedayclub.wordpress.com

Beautician Services

Have Scissors-Will Travel 314-843-3964 No website

Caregiver Support

Aging Ahead 800-243-6060 agingahead.org
636-207-0847
Alzheimer's Assoc./Safe Return 314-432-3422 alz.org
Bethesda Senior Support Solutions 314-963-2200 bethesdahealth.org
Cardinal Ritter Senior Services 314-961-8000 cardinalritterseniorservices.org
Memory Care Home Solutions 314-645-6247 memorycarehs.org
St. Andrew's Senior Solutions 314-726-5766 standrewsseniorsolutions.com

Dental Resources

Martha's Hands Mobile Dental 324-965-4350 marthashands.com

Emergency Preparedness

American Red Cross 314-516-2800 redcross.org

Financial Services Assistance

LSS Volunteer Money Management,
"Aging Matters" 314-446-2475 www.lssliving.org

Friendly Calls/Respite Care

Alzheimer's Association 314-432-3422 alz.org
Bethesda Senior Support Solutions 314-963-2200 bethesdahealth.org
Cardinal Ritter Senior Services 314-961-8000 cardinalritterseniorservices.org
St. Louis County Older Residents
Program 314-615-4516 stcountymo.gov
Lutheran Senior Services-Aging
Answers 314-446-2475 lssliving.org/aging-answers
St. Andrew's-Senior Solutions 314-726-5766 standrewsseniorsolutions.com

Food Pantry

Emmanuel Episcopal Church	314-961-2393	emmanuelepiscopal.org
Webster/Rock Hill Ministries	314-961-5082	wrhm.org

Geriatric Care Manager and Assessment

Aging Gracefully	314-827-6654	aginggracefully-stl.com
Bethesda Senior Support Solutions	314-963-2200 314-582-5407	bethesdahealth.org
Cardinal Ritter Senior Services	314-961-8000	cardinalritterseniorservices.org
Lutheran Senior Services-Aging Answers	314-446-2475	lssliving.org/aging-answers
St. Andrew's - Senior Solutions	314-726-5766	standrewsseniorsolutions.com/seniors/nursing/geriatric_assessment

Grocery Home Delivery

Aldi (Des Peres)	855-955-2534	aldi.us/en/pickup-delivery
Daily Harvest Grocery Service	314-752-6781	dailyharvestgrocery.com
Dierberg's	Warson Woods 314-919-0600 Des Peres 314-238-0400	dierbergs.com/pages/get-fresh-groceries-delivered-fast
Instacart		instacart.com/grocery/delivery
Freddie's Market	314-968-1914	freddiesmarket.com
Schnucks - Webster Groves	314-961-0550	instacart.com/grocery/delivery
Shipt (grocery delivery from Dierberg's)	205-502-2500	shipt.com/dierbergs
Walmart (Kirkwood)	314-835-9406	walmart.com

Hearing Resources

Center for Hearing and Speech	314-968-4710	chsstl.org
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Home Delivered Meals

Aging Ahead	636-207-0847	agingahead.org
Meals on Wheels, St Louis City & County	314-374-9549	mowstl.org
Lutheran Senior Services Aging Answers	314-446-2475	lssliving.org/aging-answers

Home Health

Bethesda Senior Support Solutions	314-584-5407 314-963-2200	bethesdahealth.org/care-in-your-home
Lutheran Senior Services-Aging Answers	314-963-3430	lssliving.org/services/home-health
St. Andrew's - Senior Solutions	314-726-5766	standrewsseniorsolutions.com

Home Services (Private Duty)

Bethesda Senior Support Solutions	314-584-5407 314-963-2200	bethesdahealth.org/care-in-your-home
Lutheran Senior Services-Aging Answers	314-446-2495	lssliving.org/services/private-duty
St. Andrew's - Senior Solutions	314-726-5766	standrewsseniorsolutions.com/seniors/nursing/
Seniors Home Care	314-962-2666	seniorshomecare.com
Home Watch Caregivers	314-310-2708	homewatchcaregivers.com/st-louis/

Home Maintenance

St. Louis County Older Residents Program	314-615-4516	stlouiscountymo.gov
Lutheran Sr. Services - Aging Answers	314-446-2475	lssliving.org/aging-answers
St. Andrew's Senior Solutions	314-726-5766	standrewsseniorsolutions.com
Shepherd's Center Handy Hands	314-395-0988	sheperdscenter-wk.org

Hotlines

Domestic Violence	1-800-799-7233
Elder Abuse	1-800-392-0210 314-960-6100
Suicide Prevention Lifeline	1-800-273-8255 1-800-784-2433
National Hope Line	1-800-784-2433

Hospice Care

Bethesda Hospice	314-446-0623	bethesdahealth.org
Lutheran Senior Services - Aging Answers	314-446-2539	lssliving.org/services

Information and Referral

Aging Ahead	636-207-0847	agingahead.org
Bethesda Community Care	314-582-5407	bethesdahealth.org
Cardinal Ritter Senior Services	314-961-8000	cardinalritterseniorservices.org
St. Louis County Older Residents Program	314-615-4516	stlouiscountymo.gov
Eldercare Locator	1-800-677-1116	eldercare.acl.gov
Health & Senior Services	1-800-235-5503	health.mo.gov
Lutheran Sr. Services - Aging Answers	314-446-2475	lssliving.org/services
Shepherd's Center	314-395-0988	sheperdscenter-wk.org
St. Andrew's Senior Solutions	314-726-5766	standrewsseniorsolutions.com

Legal Services

St. Louis County Older Residents Program	314-615-4516	stlouiscountymo.gov
Legal Services of Eastern MO	314-534-4200 1-800-444-0514	lsem.org

Long Term Care Ombudsman Group 314-918-8222 ltcombudsman.org
1-866-918-8222

Library Services

Minds Eye Radio 1-618-394-6444 mindseyeradio.org
St. Louis County Libraries 314-994-3300 slcl.org/content/senior-services

Webster Groves Public Library 314-961-3784 wgpl.org

Wolfner Library (talking book & braille) 1-573-751-8720 sos.mo.gov/wolfner

Medical Emergency Alert

American Red Cross Lifeline 314-516-2800 offer.lifelinesys.com
1-800-959-6989

Alzheimer's Association/Safe Return 314-432-3422 alz.org

Medical Equipment Supplies

Medical West Healthcare Center 314-725-1888 medicalwesthealthcare.com

MediEquip, Inc. 314-965-9300 mediequip.net
314-892-7000

Ombudsman Program

Missouri 314-918-8222 health.mo.gov/seniors/ombudsman
1-800-309-3282

Outpatient Therapy

Bethesda Health 314-800-1911 bethesdahealth.org

SSM Physical Therapy – Webster Groves 314-962-2634 ssm.physicaltherapy.com

St. Andrew's Senior Solutions 314-726-5766 standrewsseniorsolutions.com

Pet Resources

St. Louis Mobile Vet 314-227-1371 stlouismobilevet.com

St. Louis Senior Dog Project 636-671-7223 stlsdp.org

Lights On, Etc. 314-961-1479 lightson1.com

Pharmacy Delivery

CVS Pharmacy, Kirkwood 314-835-9448 cvs.com/content/delivery

Mercy Pharmacy, Dierberg's - Kirkwood 314-238-0444 mercy.net

The Medicine Shoppe - Affton 314-638-3535 affton.medicineshoppe.com

Walgreens - Webster Groves 314-962-5545 walgreens.com

Walmart - Kirkwood 314-835-9409 walmart.com/store/2694-kirkwood-mo
or home delivery:
1-800-2-REFILL

Help with Prescriptions Programs

Good Rx	online only	goodrx.com
Medicare "Extra Help" program	1-800-772-1213	medicare.gov/basics/costs/help/drug-costs
State Pharmaceutical Assistance Program: MORx in Missouri	573-751-6963	dss.mo.gov/mhd/faq/pages/faqmorx.htm

Physicians (Make Home Visits)

Harmony Cares Medical Group	314-961-3570	harmonycaremedicalgroup.com
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Social Security Administration

1-800-772-1213	ssa.gov
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Socialization/Education

Shepherd's Center	314-395-0988	shepherdscenter-wk.org
Webster Groves Recreation Center	314-963-5600	webstergroves.org

Tax Assistance

St. Louis County Older Residents Program	314-615-4516	stlouiscountymo.gov
AARP Foundation Tax Aide Program		aarp.org/money/taxes/aarp_taxaide/locations.html

Transportation

Call-A-Ride	314-652-3617	metrostlouis.org
St. Louis County Older Residents Program	314-615-4516	stlouiscountymo.gov
Lutheran Senior Services - Aging Answers	314-446-2475	lssliving.org/aging-answers
Seniors Home Care	314-962-2666	seniorshomecare.com
Shepherd's Center	314-395-0988	shepherdscenter-wk.org
St. Andrew's Senior Solutions	314-726-5766	standrewsseniorsolutions.com

Veterans Benefit Assistance & Services

Information	1-800-827-1000	benefits.va.gov/stlouis
VA Geriatrics and Extended Care	1-800-698-2411	va.gov/GERIATRICS
The Kaufman Fund	314-753-8355	thekaufmanfund.org

Vision Assistance

St. Louis Society for the Blind	314-968-9000	No website
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